### Easy Ayurveda

### Blogger: Dr JV Hebbar

### An Ayurveda, lifestyle, herbs and home remedies website to disseminate authentic, science backed, ancient Ayurveda wisdom to the world. Health and lifestyle blog by Dr JV Hebbar. Dr. hebbar is Ayurvedic Doctor, Pharma Consultant, Writer, Columnist, Blogger & Devotee. Also in [Healthy Lifestyle Blogs](https://blog.feedspot.com/healthy_lifestyle_blogs/?_src=alsoin).

### Link: <https://www.easyayurveda.com/>

### [alwaysayurveda](https://www.alwaysayurveda.net/)

### Blogger: Dr. Vikram Chauhan

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### Dr. Vikram Chauhan (MD-Ayurveda) is an Ayurvedic Practitioner based at Chandigarh, India, serving the people with his immense knowledge from continuous researches. He has founded Planet Ayurveda, a manufacturing unit and Ayurvedic Clinic at Mohali, India on 14 Oct 2002 with a motive of 'Taking Ayurveda to Every Home Globally' and an aim of providing effective as well as pure vegetarian medicines to the people, which help them to live a healthy and natural life.

### Link: <https://www.alwaysayurveda.net/>

### 3. [Conscious Health](https://www.feedspot.com/infiniterss.php?_src=feed_title&followfeedid=4529892&q=site:https%3A%2F%2Fconscioushealth.net%2Ffeed%2F)

**Blogger**:Nahid Ameen CNP, Herbalist & Ayurvedic Couselor in Ontario,Canada

Conscious Health blog by Nahid. She is using the science of Ayurveda to transform your life. Nahid will not only share with you her best recipes, but also her knowledge of food and nutrition. Nahid is a Certified Holistic Nutritionist, who absolutely adores spices and herbs in her cooking and self-care. She is an expert in Holistic Cooking, specifically Ayurvedic Cooking.

Link:<https://conscioushealth.net/>

### 4. [New age Ayurveda](https://www.feedspot.com/infiniterss.php?_src=feed_title&followfeedid=4786949&q=site:https%3A%2F%2Fdrvaidyas.com%2Ffeed%2F)

### Blogger: [Dr. Vaidya](https://www.feedspot.com/infiniterss.php?_src=feed_title&followfeedid=4786949&q=site:https%3A%2F%2Fdrvaidyas.com%2Ffeed%2F)

### At Dr. Vaidya's we are looking to revolutionise the way Ayurvedic products are marketed. We aim to change the old school and boring manner that Ayurveda is marketed today by making this science cool, sexy, fun and aspirational for the modern consumer.

### Link:<https://drvaidyas.com/blog/>

### 5. Healthy living by Ayurveda food and lifestyle

### Blogger: Dr. Roshan Baskota

Dr Roshan Baskota (A registered professional Ayurveda doctor and a wellness expert from Nepal).Ayurveda is not just medicine however its an art of living. Ayurveda teach us, how to be healthy and happy. Ayurvedic lifestyle can benefit all the individuals.

Link:<https://drroshan.pro.np/>

### 6. [Ayusanjivani Blog](https://www.feedspot.com/infiniterss.php?_src=feed_title&followfeedid=4530543&q=site:http%3A%2F%2Fwww.ayusanjivani.com%2Fblog%2Ffeed%2F)

### Blogger: Dr. Shailesh Phalle

### Ayusanjivani is a source of information and treatment in hair loss, arthritis,infertility, skin diseases, cancer, thyroid, joint pain by using ayurvedic remedies, ayurvedic oils etc.

### Link:<http://www.ayusanjivani.com/blog/ayusanjivani/>

### 7. [prabhava](https://www.prabhava.net/blogs/dr-beech-health-tips)

### Blogger:  [Dr Douglas Beech](https://www.feedspot.com/infiniterss.php?_src=feed_title&followfeedid=5150465&q=site:https%3A%2F%2Fwww.prabhava.net%2Fblogs%2Fdr-beech-health-tips.atom)

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### Holistic herbal products that maintain Nature's Pranic Intelligence. We offer Oral Supplements, Transdermal Creams, Massage Oils, Herbal Glycerides and Skin Care and other products that are easy and safe to use.

### Link:<https://www.prabhava.net/blogs/dr-beech-health-tips>

### 8.